



DESIGNING THE FUTURE

INNOVATE, DISCOVER, EDUCATE

THE 39TH EACTS ANNUAL MEETING
8 - 11 October 2025 · Copenhagen, Denmark

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Instructions for personalising and sharing your social media template

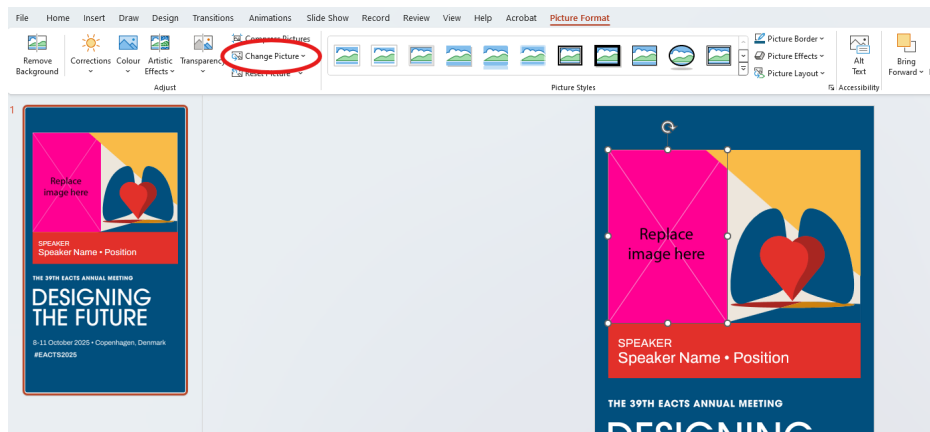
Step 1: Open the template and customise the text

(**1080x1350*** recommended for Instagram); **1080x1920**; **1200x628**)

- Click on the **editable text fields** and personalise the placeholder text (name and position)

Step 2: Update your photo

- Double-click on the placeholder image
- Go to **Picture Format > Change Picture** and select your photo from a File
- Go to **Crop** and select **Fill** from the dropdown menu
- Adjust your image if necessary to fit the frame



Step 3: Export as an image

- Click **File > Export**.
- Choose **JPEG** or **PNG** as the file format
- Select **Just This One** when prompted to export only the current slide
- Save the image

Step 4: Share on your preferred social media platform

- In the post caption you should share the details of the session you are in, including the session title, date and time
- Don't forget to use our official hashtags **#EACTS2025**
- Please include the following link to the scientific programme:
<https://eacts2025.process.y-congress.com/ScientificProcess/schedule/>



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